



Estudo Longitudinal de Saúde do Adulto

ELSA BRASIL

- 1. The participant during the visit chooses two alternatives: to receive at home by mail or during a new contact with a physician.
- All participants are recommended to discuss the results with a physician or healthcare provider as a dietitian.
- The Study does not intervene directly.
- all information requested by the subjects are provided related to all aspects of the study.